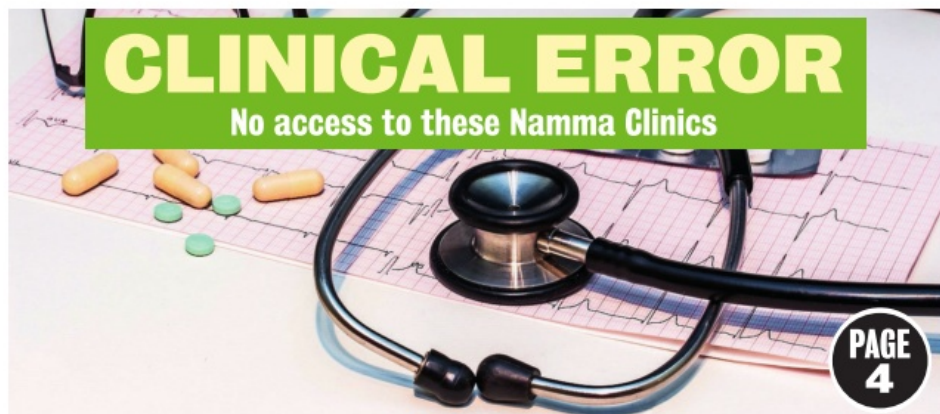




Had city's utilities such as Metro shown more enthusiasm to take to rainwater harvesting, we wouldn't have to lose the precious resource, say experts

DROP IN THE OCEAN

Lots of opportunities to build harvesting pits in 70-km stretch squandered

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TWEETS @BangaloreMIRROR

Nearly eight years ago, the National Green Tribunal (NGT) had directed the Centre and all public authorities to incorporate a rainwater harvesting (RWH) system in every project. This included flyovers, bridges, and any other infrastructure project taken up by a public authority.

However, environmental activists say the city has high potential to capture, store and use rainwater, but it is not being exploited. A case in point is that of the city's metro lines being constructed by the Bengaluru Metro Rail Corporation Ltd (BMRCL).

While the city has nearly 70 kilometres of the metro line, citizen activists say RWH is happening in bits and pieces.

"BMRCL has failed to install the RWH system on RV road despite it being in operation for years. The pillars around the new yellow line RV Road Metro Station are discharging precious rainwater collected onto the footpath, which then goes down the drain. There is a good amount of water that the pipes are discharging

CONTINUED ON PAGE 8 >>



“BBMRCL has failed to install the RWH system on RV road despite it being in operation for years. The pillars around the new yellow line RV Road Metro Station are discharging the precious rainwater into the footpath, which then goes down the drain

— Regular commuter

- Regular commuter

No smoke without fire

**90% of 167 restaurants/
hotels surveyed have no
clue about prohibition on
smoking in public places**



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TWEETS @BangaloreMIRROR

A survey has revealed that around 90 per cent of eateries in the city are not aware of the rules around smoking in a public place. Most of them do not have a No-smoking sign in their premises and many do not stop their customers from smoking.

The survey was conducted by Consortium for Tobacco Free Karnataka on the awareness of Section 4 of Cigarettes and Other Tobacco Products Act that prohibits using tobacco products in any public place.

The consortium's volunteers visited 167 eateries and found 92 of the owners do not know about Section 4 of COPTA. The survey found 35 hotel owners among the 167 allowed smoking by customers. The survey found around 88 hotels do not have the No-Smoking sign boards on their premises. As per the norms, the sign board should be 30 x 15 cm in size, but 98 of the surveyed hotels did not have the boards as per specifications.

The survey found Koramangala with 27 hotels leads the list of areas where the norm is violated while Vijayanagar with

CONTINUED ON PAGE 8 >>

3 THINGS TO DO

01 Just for laughs



Get ready to laugh your hearts out as Comedy Shots, in association with Bistro Claytopia,

presents Stand Up Comedy Live! If you're tired of the monotony of working from home, this show is just what you need. The artists are eager to bring some much-needed laughter into your lives by sharing their tales of misery. Gather your friends, family, or even come alone, and join in for an evening filled with absurdity and wit. The talented Bangalore regulars will stop at nothing to tickle your funny bone and ensure an unforgettable experience. To enhance your evening, delicious food and beverages will be available at the venue too. It will be an opportunity to support these talented artists who have been waiting to perform for a live audience once again since the covid pandemic. Mark your calendars from May 29 to June 2 and grab your tickets for just Rs 149, available on BookMyShow. **When: May 29-June 2**
Where: Bistro Claytopia, Koramangala

02 Chance to dance

Dance enthusiasts, mark your calendars for an exciting choreography workshop taking place tomorrow at 7:30 pm at the Dhurii



Academy of Arts in Domlur. Priced at Rs 800 per person, tickets for this event are available on BookMyShow. This workshop is the perfect remedy for beating those dreaded Monday Blues. End your day on a high note by joining this super fun choreography session. Led by Gagan Somaiah, known as the Prince of House, Funk, and Street dance styles, participants will have the opportunity to explore freestyle dance techniques in a lively and energetic atmosphere. of any genre. **When: May 29, 7:30 pm**
Where: Dhurii Academy of Arts: Domlur

03 Craft and culture

Experience the vibrant and diverse craft heritage of India at the Indian Haat Festival - an extraordinary exhibition showcasing arts, crafts, and handlooms. This event will be a celebration of the rich cultural tapestry of the country, where each state's craft reflects the influence of different empires throughout history. Visitors can drop by and immerse themselves in a world of exquisite creations. They will include clothing, jewellery, home decor, furniture, and handicrafts.



When: June 2-11 (11am -7pm)
Where: Karnataka Chitrakala Parishath

Running against all odds

Nayana's journey from unnoticed teenager in Uttara Kannada to Asian Games South Korea

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TWEETS @BangaloreMIRROR

Nineteen-year-old Nayana G Kokare, hailing from Mundgod in the Uttara Kannada district of Karnataka, from the Gowli community, has defied all odds with her hard work. She is now ready to represent India at the Asian Games in South Korea in June 2023. Nayana was discovered at the age of 16 during a village athletics tournament while running barefoot.

In 2016, Nitish M Chiniwar quit his job in the UK and came to India to start the Bridges of Sports Foundation. Chiniwar had been working for a motorsports company and realised that there were many unrecognised talents in India. After extensive research, he decided to establish the foundation, aiming to identify young talents from different communities who often go unnoticed.

Initially, Chiniwar conducted a two-year survey from 2016 to 2018 across three states: Odisha, Madhya Pradesh, and Karnataka. "We worked with 8,000 children from different communities. Based on our data, we selected the Mundgod region in Uttara Kannada as the children there showed much stronger speed attributes. Additionally, the community was ready to include sports in their daily lives," said Chiniwar.

In 2019, before covid hit, the foundation organised a running championship in the community. Nayana, who ran barefoot, participated in the competition and secured the second position. "Despite the extreme heat at that time, Nayana chose to run barefoot and finished second. We then decided to include her in the training process and collaborated with trainers from around the world who had trained athletes winning over 30 Olympic medals," said Chiniwar.

Within three to four months

of training, Nayana participated in the Inter-District Junior Athletics Meet in Tirupathi, where over 5,000 children competed in the track and field tournament. She made it to the finals, although she came second to last. However, her coaches noticed something special about her. The fact that she had qualified for the finals among so many other participants with just three months of training was remarkable. She continued her training in Mundgod, and the team collaborated with ALTIS in the US to gain more knowledge about training and education in sports. The training continued until 2020 during the lockdown. In 2021, Nayana participated in the 400-metre run organised by the Athletic Foundation of India in New Delhi. There she won the

"I didn't even know what sports was until I got selected for training. My father works as a labourer"

— Nayana G Kokare, athlete



bronze medal with a timing of 1.3 minutes.

She then travelled to the UK for a one-month campaign, where coaches from ALTIS and the foundation trained her. She participated in the Karnataka State Junior Athletic Meet tournament, winning the gold medal in the 200-meter run. Next, she qualified for the South Zone, where she won the bronze medal. She further qualified for the Nationals held in Guwahati and secured the silver medal.

Nayana returned to Mundgod to continue her training and was selected by one of the trainers to train in Doha. After one month of training, she competed in a tournament in Tiruvannamalai and won the gold medal. She



Photographs of Nayana during her training sessions; she hails from Mundgod in the Uttara Kannada district of Karnataka

then qualified for the Under 20 Asia Athletics Championship in South Korea. Nayana has qualified as the third fastest young athlete in India, with a timing of 24.28 seconds in the 200-metre running category.

She told Bangalore Mirror, "As we come from a small community, many people get married at an early age and become dropouts. But I got the chance to continue my education through the Bridges and Sports Foundation, and I have now joined JSS

College in Dharwad. I didn't even know what sports was until I got selected for training. My father works as a labourer, and we had no idea that one day I would come back winning medals. My parents are so proud."

Nayana said she wanted to give up during the initial days of training.

"I had to follow a strict diet, and it was tough. But then I started to see changes in myself. I could run faster than before, and I decided to continue," she said.

UGET 2023 goes smoothly, barring some cases

PICTURE FOR REPRESENTATION ONLY

The Undergraduate Entrance Examination in Engineering (UGET) 2023 was held smoothly on Saturday, barring a few instances across the country.

In Jyothy Institute of Technology in Bengaluru, there was a power failure that delayed the exam by one hour. COMEDK officials said that the delay has been addressed and the candidates will be given an additional hour to complete the exam. In Samastipur, Bihar, one candidate was caught trying to impersonate another. The candidate was identified during the registration process and was

not allowed to take the exam. In Vijayawada, two candidates were found with chits in their possession. The chits were confiscated and the candidates were not allowed to take the exam.

The UGET was held in 264 centres across India, including 80 in Karnataka and 38 in Bengaluru. A total of 78,250 candidates appeared for the exam, out of which 25,487 were from Karnataka and 12,736 were from Bengaluru. The provisional answer keys will be released on May 30, along with forms for challenging the answer keys. The final answer



key will be released on June 6. The score cards will be available to the candidates in their respective applicant login on June 10. — BMB

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BBMP's clinical error

What's the point of Namma Clinics that citizens cannot access?

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TWEETS @BangaloreMIRROR

The Bruhat Bengaluru Mahanagara Palike (BBMP) is all set to complete the task of opening 243 Namma Clinics in the city. However, wrong selection of locations and lack of awareness among the poor and lower-middle-class families about the existence of Namma Clinics have become hurdles.

It is true that selecting the right locations to set up Namma Clinics in all areas is a difficult task. But setting up a Namma Clinic at the wrong place will not serve the purpose for which the BBMP is spending a lot of taxpayers' money.

For example, the civic body has set up a clinic at its own building in Sampangirama Nagar, Shivajinagar Assembly constituency. Generally, there would be no difficulties for the BBMP to set up the clinic on the ground floor of the building. However, the civic body authorities preferred the first floor instead of the ground floor.

"Not many people are aware of the Namma Clinic. It would be convenient for the public to visit the place if it were on the ground floor. The lift has been out of order for more than a year. The clinic is not functioning on a regular basis. It was



The Namma Clinic at Sampangirama Nagar; part of the BBMP building. An RTI activist said that many of these clinics are not functioning on a regular basis due to a shortage of doctors and paramedical staff

“it would be convenient for the public to visit the place if it were on the ground floor. The lift has been out of order

— Shashikumar, advocate

closed when I visited it a few days ago. I want the BBMP Chief Commissioner to look into the matter,” said Shashikumar, an advocate.

Expressing similar views, BR Chandran, an activist from Halasuru, said the BBMP authorities opened a Namma Clinic at a private build-

ing in a terrible hurry. “I do not know why the BBMP authorities have selected a private building instead of using their own building on Satyanarayana Swamy Temple Road, a few hundred metres away from Halasuru Bazar Street. The building where the clinic is set up is a narrow structure,” he said. He claimed to have informed the BBMP authorities about the availability of the BBMP building for opening the Namma Clinic, but said it was in vain.

RTI activist S Amaresh expressed apprehension about the present government allowing Namma Clinics to function. “Many of the Namma Clinics are not functioning on a

regular basis due to a shortage of doctors and paramedical staff. Not many people are aware of the Namma Clinic at Hombegowda Nagar,” he said.

Meanwhile, BBMP Special Commissioner (Health) Dr KV Trilok Chandra stated that 225 Namma Clinics in the city are functional. “The BBMP staff have put in a lot of effort and worked hard to identify buildings for opening Namma Clinics. There may be five or ten clinics that have been located in the wrong places. I will look into the matter, and measures will be taken to relocate such clinics to the right places,” said Dr Chandra.

Snakes, stench terrorise Doddanekundi locality

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Imagine having a garbage dumping station beside your home that emits constant stench. This is the reality for residents of Alpine Eco Road in Chinnappa Halli, Doddanekundi, due to the Kasarasa garbage dump site. Apart from the stench, they complain of snakes entering their apartments.

Vishal Kataba, president of the SVS Palms association, said, “We have been facing this issue for many years. This area is surrounded by over 3,000 flats and around 15-20 apartments. Even the Ekya school is situated right beside the dumpsite. Apparently, the site is for the segregation of dry waste from wet waste. But BBMP has converted it into a wet waste site. We complained to the health officer of Mahadevapura, but it fell on deaf ears.” He added that when it rains, the smell gets worse, making residents nauseous.

Dipan, another member of the association, said, “When we moved in 2015, the pileup area was a huge mountain of garbage. BBMP work-



A cobra entering a residential complex in the area; locals complain of garbage trucks emitting a stench



ers are suffering as they do not have any hygiene facilities. Due to these trucks, the whole area smells bad. There are more waterborne diseases in our area due to rains. Flies also enter our homes. The groundwater is also contaminated.”

Manish Patel, Vice-president of the SVS Palms association, said that the issue started six to seven years ago. It was a plain land earlier, and construction debris was thrown, which slowly turned it into a dumpyard. “Due to the stench, we avoid walking on this route and take longer routes. We also do not open windows and doors. When we com-

plain, they cover it with mud for temporary relief. There is a building constructed for this purpose, but they do not use it,” he added.

Sagar, a resident of Malibu Sparkling Wings apartment, said that two big cobras entered his apartment last week. This is allegedly the second time in three months. “We are unable to open the doors to our balconies. The elders and children are suffering as they are unable to breathe.” Pares from SVS Palms association, said, “The government recently allowed throwing of garbage at the site. But they again spent money to remove the garbage, wast-

ing people's money. Now, they are saying that it is a dry waste segregation plant. We have to breathe this air the entire day. Because of this, there will be a rise in health issues in the area.” Apart from the lack of maintenance, the drain is reportedly blocked. “We even approached an IAS officer in the area some years back, but he got transferred,” he added.

Avinash, a resident of SVS Palms, said tractors, hydraulic trucks, and garbage trucks are seen every day. “When we complain, they say the court order is in progress. We don't know when this will be resolved.”

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⊗ Dangerous cable RV Road



This discarded cable on RV Road, Basavanagudi is a death trap for pedestrians

⊗ Space trouble South Park Road



A hospital on South Park Road, Basavanagudi intrudes into the public space.

⊗ Blocked drain Gottigere Jambu Savari Dinne Road



The blocked drain is causing dirty water to overflow onto Gottigere Jambu Savari Dinne Road.

JUST IN TIME FOR SCHOOL

Don't hide away, come out & play

Doctors, parents, teachers raise concerns over kids' reluctance to go play outside

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TWEETS @sridharVMIRROR

As summer holidays come to an end, many parents are complaining that they are finding it hard to send their kids out of their homes. School teachers are flooded with complaints about how to make kids play outdoors.

Kishore Kumar, a school principal, said they conducted an online orientation class as schools are set to reopen. "During interaction with parents and students, we asked the kids how they spend the summer holidays. All the parents had a common complaint that kids are not heading out of home and not playing any sport. Parents were also worried that lack of physical exercise was making kids unhealthy."

Naveen Narayan, a techie and a parent, said as kids are not going out to play, they tend to become introverts. "I understand that the lack of playgrounds could be one of the reasons for this. But, kids should head out and play and not stay in the home."

Doctors in the city too have received such complaints. Dr Nitin M (Motherhood Hospitals, Electronic City) said, "We are receiving a lot of queries from parents saying that kids are refusing to play outside and are hooked to the smartphones. Recently, a three-year-old child indicated that he was suffering from speech delay due to excessive use of



Screen-time check

- Until 18 months, limit screen use to video chatting along with an adult (for example, with a parent who is out of town)
- Between 18 and 24 months, screen time should be limited to watching educational programming with a caregiver
- For children 2-5, limit non-educational screen time to about 1 hour per weekday and 3 hours on the weekends

(Source: American Academy of Pediatrics)

smartphone and less social interaction. Smartphone addiction among children from the age of 6 months to 2 years results in speech impairment. The child being excessively engaged in digital devices like smartphones experienced speech delay partly due to the following reasons."

He noted a rise in the time spent on gadgets such as smartphones and computers among kids. Dr Parimala V Thirumalesh (Aster CMI Hospital) said that children's screen time is ranging from 2 to 3 hours to 20 hours a day.

"During covid, children could not play outside and as parents who were working from home had to keep them occupied, they were introduced to mobiles and TVs from infancy. Some parents also feed their children while they are engrossed in

a mobile as it is easier. But now, getting the children off the screens is proving tough."

Dr Thirumalesh said the addiction can lead to depression, aggression and uncontrollable emotional outbursts if the device is confiscated from them.

"This is a very unhealthy trend as children are supposed to be learning, talking, socialising and even understanding their surroundings by exploring and playing. Play is an important aspect of child development which is now restricted to video games in mobiles. In the long run this will create a generation of sedentary, unhealthy depressed children."

According to Dr Nitin, the addiction concerns not only the physical aspects, but it also hinders a child's growth.

He advised parents to be watchful of this kind of addiction and focus on more indoor/outdoor activities that can improve the kid's overall well-being.

Speech delay

Children up to the age of 2 years are unable to learn or understand words and concepts from digital screens as compared to a physical person to person interaction. Since toddlers lack symbolic thinking, they are unable to interpret or transfer what they see on their screens to real life situations. Speech delay is one of the common consequences of smartphone addiction among children.

IN BRIEF

College student falls in lake, drowns

A young man who had gone fishing with his friends to a lake in Anekal drowned on Sunday morning. According to sources, the man, a college student, had gone to the lake with his friends on Sunday morning as it was a holiday for them. The young man could not swim properly. While fishing near the shore of the lake, he is said to have fallen into the water and went forward without realising its depth. By the time his friends tried to rescue him, he had drowned. **BMB**

82-yr-old home alone woman murdered

An elderly woman, who used to stay alone at home, was found murdered. The woman was found with her hands and feet tied up and it is said that she was suffocated to death. The deceased has been identified as Kamala, 82, a resident of Mahalakshmi Layout.

The incident is said to have taken place between 4 and 7 pm on Saturday and a case has been registered at the Mahalakshmi Layout Police Station.

Kamala's husband had died six months ago. Their three children live separately in other parts of the city. So, Kamala was alone at home. Around 7 pm, when the neighbours came to the house to talk to Kamala, they found the door open. When they went inside, they found Kamala in an unconscious state with her hands and feet tied. Later, the police came to the spot and are investigating the matter. **BMB**

Day or night, this construction never stops

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Whitefield residents on ECC Road have complained that the incessant construction going on in the area for more than a year has stolen their peace of mind. Residents claim that they have informed the police several times, but the contractor resumes work as soon as police leave the spot.

Sandeep Anirudhan, Convenor, Namma Whitefield, says that the construction doesn't stop at 6 pm and sometimes workers keep going till midnight, until the residents of the area call police helpline 112 and complain.

"We have been facing this problem of noise pollution, violation of construction timings, etc., from the Prestige Group for almost two years now. Initially they were operating their site 24/7, so we filed a complaint at Whitefield Police Station, and also with the Pollution Control Board.

They received warnings from both, and for some time they reduced violations. Even then, they did not comply fully. Noisy construction is permitted by law only between 8 am and 6 pm. However, work at Prestige Waterford site starts at 4 am itself," said Anirudhan.

He added that two days ago, the residents had to complain thrice, the police raided the construction site, detained workers, and despite this they continued work till 2 am.

"There is no point in the police

detaining some hapless workers from the site. What the police need to do is to detain the top honchos at the firm. They need to file an FIR against the top management and pursue this," he added.

Residents said that during the day-

ECC Road residents say they have to deal with construction noise way beyond permitted hours

time, Whitefield is a construction zone, with noises of borewell drilling, trucks ringing around all day long.

"I live very close to the construction site, where the high-rise apartment is coming up. They do not stop work when the permitted time ends. We have called the cops multiple times on 112, and as soon as the cops come, they switch off the machines. The police would stay there for 15 minutes and warn them but as soon as they leave, the work resumes again. During the initial stage of construction, we had a meeting with the DCP and the top management of the company, but even after DCP's intervention, the work resumed in a week," said Dev Sivaprakasam.

Dharmendra Kumar Meena, DCP, Whitefield, said that in regards to noise control there are no harsh laws, and they only exist from the point of view of regulation. He added that

noise pollution control law is also not strict enough.

"If the noise is persistent even after the complaints, then the noise pollution department can also initiate a complaint. If the residents are extremely troubled then they can approach BBMP also because at the end BBMP and BDA are the licensing authority that give permission for these constructions, so if residents take up the matter with them, it can be solved more effectively," he said.

When BM contacted the Prestige Group, their spokesperson said, "Prestige Group is conscious of not violating any regulations. We are committed to maintaining a responsible approach towards construction, ensuring that it aligns with local regulations and guidelines."

'We're taking 2,000s'

KSRTC, BMTC clarify they are accepting Rs 2,000 notes after Hoskote depot mix-up

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Amidst growing confusion over the Rs 2,000 note, Karnataka State Road Transport Corporation (KSRTC) and Bengaluru Metropolitan Transport Corporation (BMTC) issued a press clarification stating that the same is being accepted by them.

In a strange incident, the Hoskote Depot asked passengers to not hand out Rs 2,000 notes. However, BMTC officials were taken by surprise as they had not issued any orders in this regard. On the morning of May 28, BMTC and KSRTC issued a statement clarifying the situation. "BMTC Central Office did not issue any such orders to the crew to not take Rs 2,000 notes. Due to some confusion, Hoskote Depot issued an order not to take the note. Furthermore, the said order was withdrawn. Please note that in BMTC buses, we are accepting Rs



2,000 notes," said a press statement. "KSRTC did not issue any such orders to the crew to not take Rs 2,000 notes," KSRTC also clarified in a press note.

On May 19, the Reserve Bank of India issued a statement withdrawing the Rs 2,000 note. However, the central bank also clarified that the note would continue to be legal tender, and there would be a provision for exchange and deposit of the notes with the bank until September 30. People can exchange notes of Rs 2,000 with their banks up to a limit of Rs 20,000 from May 23 onwards.

The panic and confusion among the public over the announcement could be accounted for by the demon-

“BMTC Central Office did not issue any such orders to the crew to not take Rs 2,000 notes. Due to some confusion, Hoskote Depot issued an order

— BMTC statement

etisation of the Rs 500 and Rs 1,000 notes in 2016. The move, announced by Prime Minister Narendra Modi at 8 pm, had stated that the currencies would become invalid by midnight. The move aimed at reducing black money caused panic among the public. However, the RBI has clarified that the withdrawal of the Rs 2,000 note is only a currency management exercise as the notes are dirty/soiled and have been in circulation for years. They stated that this announcement must not be treated as an exercise of demonetisation.

'Doctor' on wheels



'Ghar Pe Diagnostics' is bringing medical tests home across the city

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TWEETS @BangaloreMirror

Gone are the days when one had to visit a centre, stand in a queue, and wait until their turn came to get a health check-up done. Door-to-door services across Bengaluru are changing this narrative. Portable devices are incorporated to reach homes and quickly perform tests on patients.

Scans and tests such as ECG, X-ray, PFT, EEG, ENMG, and NST, which are generally done only at hospitals, are now available at home for many patients. They can simply make a call, book an appointment, and the service will be provided within one hour.

Dr Santosh Saklecha, a Rheumatologist and Internal Medicine Specialist at Santosh Hospitals, came up with the idea of providing tests that are done at diagnostic centres and hospitals at home.

"We believe that there are many senior citizens who cannot come to diagnostic centres. I initiated the idea for India's first diagnostic-on-wheels. We are using high-end technology such as digital radiography. We do not provide printouts after the scan and are promoting eco-friendly practices. The scan reports are sent as a link. Once the link is opened, the entire report is displayed, and the quality is extremely

high. The reports are available within 10-15 minutes, except for the blood test reports, which are available the next day," said Dr Saklecha, who is also the Director of 'Ghar Pe Diagnostics'.

For pregnant women, a Fetal Non Stress Test (NST) is performed to observe the activity of the child during the third trimester and sometimes at 28 weeks of pregnancy. "This is the peak time when the pregnant woman is carrying, and coming for tests during that time is difficult. We have come up with a small portable device that can be taken home and used for testing," said Dr Saklecha.

Dr Farzan Ahmed, a practicing Obstetrician, said, "For the NST, an apparatus is used to record fetal heart rate, uterine activity, and fetal movements. NST is important as it has reduced morbidity and mortality in infants."

The services were started last year and have already served over 4,000 patients.

Pankaj Kataria, who had availed the service, stated that it is even cost-effective. "The whole idea of bringing the diagnostic centre to one's house is great. This saves a lot of time and effort of going to hospitals and waiting for one's turn. We hardly had to wait when we booked the service. We can also get all the blood tests done at home, and after receiving the reports, have an online consultation with the doctor if required."

NOTES FROM THE FIELD



'I can't tell you'

For the past few days, there has been hectic political activity as Chief Minister Siddaramaiah and Deputy CM DK Shivakumar have been discussing probable ministers. The meeting went on for hours, and there was a long wait for the outcome. Finally, when DKS came out to speak to the media, he was smiling. When he was asked how long one should wait for the news, he said that he was traveling to Bengaluru early in the morning and would return to Delhi. When he was asked why he was suddenly heading to Bengaluru, he replied, "I have a private function at home. Sorry, I can't divulge much."



Part-time teacher

Minister G Parameshwara is not just a politician but also an educationist who owns a chain of educational institutions. Of late, he has been quite busy attending a number of political rallies. However, he recently took time to become a 'part-time teacher' to impart a lesson or two to students. During his visit to Siddaganga Mutt, near Tumakuru, Parameshwara was seen interacting with students, checking their notes and textbooks, and even giving his guidance to them on how to crack exams.



Money matters

Politicians often avoid the topic of money involved in the election process. However, former Minister KC Narayana Gowda, who lost from KR Pet Assembly constituency, said that he had spent a lot of money on the elections, but some of the people who took money from him did not spend it, they 'kept it for themselves'. During a recent political rally, Gowda said that he knew how some people had failed to utilise the money. He further said that all those who had taken money and failed to spend it should return the same to the party trust honestly.



Oaths come with twist

MLAs were seen busy taking their oaths at the swearing-in ceremony. While some of them were seen taking oaths in the name of the Constitution or God, a few surprised citizens. Mulbagal MLA Samruddhi Manjunath surprised everyone in the House when he took his oath in the name of JD(S) party supremo HD Devegowda. On the other hand, Channagiri MLA Shivaganga Basavaraj took the oath in the name of KPCC president and Deputy Chief Minister DK Shivakumar. Shivakumar's relative and Kunigal MLA HD Ranganath also took the oath in his name.

— Sridhar Vivan

In solidarity with our athletes

Civil society organisations, activists demand justice for sportspersons protesting against sexual harassment

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TWEETS @BangaloreMIRROR

Swimmer Nisha Millet and athlete Reeth Abraham on Sunday condemned the treatment meted out to protesting women wrestlers in Delhi. They were joined at a solidarity event held at Freedom Park by historian and author Ramachandra Guha and writer Amandeep Sandhu in demanding justice for the wrestlers who brought Olympic fame to the country.

Concerned citizens joined sports lovers of Bengaluru, former sports journalists and about 18 civil society organisations, expressed solidarity with national wrestlers fighting against sexual harassment of women sportspersons for nearly a month at Jantar Mantar in New Delhi.

"The brutal manner in which our Olympic stars were dragged and bundled up is a shame. They are the nation's pride and politicians who enter sports should develop sports not indulge in sexual harassment. Sports is no place for such things and perpetrators should be booked immediately," said Nisha Millet.

"We take a stand on behalf of the wrestlers who brought glory to the country and support them in demanding justice for the victims. This should not happen to any girl, leave alone sportswomen. The minute we throw out politicians, everything will become alright," said Reeth Abraham.

Ramachandra Guha condemned the arrests and pathetic treatment meted out to the wrestlers in Delhi. "The wrestlers who brought laurels were protesting for a genuine reason and it was absolutely peaceful.

But the paranoid, fearful and insecure government instead of protecting the athletes is protecting the perpetrators. It has dismantled and arrested the athletes with arrogance



Former athlete Reeth Abraham along with sports lovers and supporters during a protest to express solidarity with wrestlers, at Freedom Park on Sunday

“We take a stand on behalf of the wrestlers who brought glory to the country and support them in demanding justice for the victims” – Reeth Abraham

and its own MPs are left scot free.”

Amandeep Sandhu and Joseph Hoover and many others progressive thinkers and activists spoke at the protest. "The main demands included immediate arrest of MP and Wrestling Association president Brij Bushan Singh, putting out the inquiry report in the public domain and passing a law or ordinance to set-up Visakha committees in Sports Federations to facilitate complaints against sexual harassment," said wild-

Demands made by protesters

1. Stop sexual harassment and provide safe space for sports persons
2. Release all the detained wrestlers and arrest sexual offenders
3. Arrest Brij Bushan Sharan Singh
4. Introduce Supreme Court's Visakha Guidelines against Sexual Harassment in Sports Federations too
5. Stop punitive action against protestors

life activist and former sports editor Joseph Hoover.

A resolution was passed and signed by 102 members of the gathering. It would be put online to continue the signature campaign.

CM throws weight behind wrestlers' cause

Criticising the Narendra Modi-led Central government over the way it handled the wrestlers' protest, Karnataka Chief Minister Siddaramaiah on Sunday wondered "what's the need for the new Parliament building if it can't give justice to the wrestlers who are protesting". "It is unfortunate to know that a few wrestlers have been detained for demanding justice," tweeted the Chief Minister after Delhi Police on Sunday detained the protesting wrestlers who were trying to march towards the new Parliament when it was being inaugurated by Prime Minister Narendra Modi. "We as humans and Indians should stand with them and voice their concerns. They have made Indians proud by winning medals for us and we should make them feel proud to be Indians," Siddaramaiah said.

– IANS



How to quell a protest

Police trying to detain wrestlers Vinesh Phogat and Sangeta Phogat during their attempt to march to the new Parliament building on Sunday

Yours, in anticipation

People wait for implementation of 5 guarantees, wonder what the riders would be



I Rachana Ramesh
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

People are turning restless over the prospect of having to wait for the five guarantees promised by the Congress to be implemented. Many are also anxious over the terms

and conditions that may apply.

The Congress had promised the 'Gruha Jyothi' scheme to provide monthly 200 units of free electricity to every household. Videos of incidents where citizens are refusing to pay their electricity bill citing the pre-poll promise have been making rounds on social media sites.

Similarly, keeping in mind the

'Shakti' scheme – free travel for women in ordinary public transport buses across Karnataka-- some women have refused to pay for their tickets, causing hassle for conductors.

The Karnataka State Road Transport Corporation (KSRTC) Staff and Workers' Federation, a union of employees, has written to Chief Minister Siddaramaiah pointing out the issues being caused due to the delay in the poll promise being implemented. DA Vijay Bhaskar, Chief Secretary of the federation has in the letter urged the government to implement the scheme at the earliest to avoid confusion.

"While they have promised free travel for all women, I fear they may come up with terms and conditions like the previous government did. During the state budget presented by the BJP, only women from the organised sector were going to be given free travel and the government had just-

fied its move claiming that it would help ease implementation. While I'm willing to wait for the scheme to be implemented, the government should not take the easy way out to reduce costs and must keep the scheme free of checks and balances," said Savithri, an employee.

The 'Gruha Lakshmi' scheme to grant Rs 2,000 every month to each woman head of families has also raised speculations. Bhuvaneshwari, a mother of two, said, "They have not yet announced what proof of evidence we would need to provide to avail of the scheme. Would it be the Aadhaar card or ration card, we don't know yet. We also do not know if only BPL families can avail of the scheme or how a 'woman head' is going to be ascertained. We are restless and hope to receive the promised amount by next month in the worst case scenario, as Rs 2,000 is a big amount for daily wage families like mine."

The other promises made were: Anna Bhagya to distribute monthly 10 kg of rice to every member of BPL families and 'Yuva Nidhi' to sanction Rs 3,000 dole to unemployed gradu-

ates and Rs 1,500 to unemployed diploma holders every month for two years (in the 18-25 age group).

"We have promised our people and will definitely implement the guarantees. There are certain procedures that need to be followed and that is what we are doing. In fact, we have taken the decision and issued government orders already. Once these orders are issued, it's a commitment made from the side of the government," Minister G Parameshwara has said.

He added that the party had worked out the financial implications of the promises while the manifesto was being prepared itself and said that the opposition is in a hurry for them to be implemented. "There are always initial hiccups every time a new scheme or project is launched. We are going to be resolving them in a week or so," he said.

Chief Minister Siddaramaiah has estimated the cost of implementing the guarantees at about Rs 50,000 crore every year. He has also said that the details regarding implementation will be worked out in the next cabinet meeting.

Catching rain, in bits & pieces

CONTINUED FROM PAGE 1

even after light spells of rain," said a regular commuter.

According to Raghavendra B Pachhapur of ActionAid Association, a survey was conducted on the stretch nearly a year ago and a detailed report on the absence of RWH system on the stretch was submitted to BMRC. BMRC immediately after. The report had identified the opportunity to construct nine rainwater harvesting pits between 14 pillars on the stretch. It also suggested that BMRC consider the construction of seven water tanks and ground-water recharge pits in the adjacent park.

However, no action has been taken by the authorities so far.

"We conducted the survey of the Rashtriya Vidyalyaya Road (RV Road) between July 15 and July 19, last year. It was conducted between Marenahalli Road, and 6th Block, JP Nagar. A total of 35 pillars were surveyed between the above two mentioned stretches. We submitted our observations, stating that pipes attached to metro pillars are draining water on the median and



flowing onto the main road. It is not just about rainwater getting wasted, but the road conditions are at stake as well," said Pachhapur.

Locals say RV Road, a nearly five-kilometre stretch between JC Road Junction and Marenahalli Road Junction, used to be a special stretch for the residents before BMRC proposed a metro line and station in the area. Hundreds of trees were axed, and a portion of N Laxman Rao Park was taken up as well.

"People in and around Jayanagar regarded this section of road as special because of its verdant canopy. The area was developed in 1948 and the then urban planners considered maintaining the ecology of the area.

The road is distinctive with nearly 100 feet of green cover on either side. BMRC removed so many trees and it is only fair that they take care of other environmental aspects to compensate for this loss," said another resident of the area.

When BM reached out to BMRC officials with concerns raised by the citizens and activists, MD, Anjum Parvez said, "Currently, metro lines cover nearly 69.8 kilometres of stretch in the city and RWH is an integral part of every stretch proposed and built."

Contaminated water: CM orders action, compensation

PIC FOR ILLUSTRATIVE PURPOSES ONLY



A three-year-old boy died and about 30 people took ill after allegedly drinking contaminated water in Raichur district, following which Karnataka Chief Minister Siddaramaiah on Sunday instructed officials to take immediate measures, including ensuring proper treatment to those hospitalised and providing compensation to the family of the deceased child.

The incident took place at Rekalmardi village in Devadurga taluk of Raichur district, on Friday, official sources said.

As people complained about suffering from diarrhoea and vomiting, some were shifted to the Arakera Community Health Centre in Devadurga and the Raichur Institute of Medical Sciences (RIMS).

The affected people are said to have consumed water from an unclean water tank, according to sources. There are also reports that sewage water got mixed with drinking water due to a leakage in the pipeline.

According to the Chief Minister's Office, after receiving information about the incident, CM Siddaramaiah

spoke to the CEO over the phone and directed him to take immediate action to supply clean drinking water. The chief minister has instructed officials to take immediate measures for proper treatment of the people who fell ill and also directed the Zilla Panchayat Chief Executive Officer to provide compensation to the family of the deceased.

Taking serious note of the reports of people getting sick after drinking contaminated water in the villages, he asked officials to investigate the incident and submit a report.

Some of the instructions given by the CM to officials are: to immediately visit the place and conduct a comprehensive inspection, send the water samples to the lab and get a report right away; based on the report, conduct a thorough health checkup of the villagers and provide necessary treatment.

Clean drinking water should be provided, and contaminated water sources should be closed, compensation should be given to the family of the deceased, and all measures should be taken adequately to ensure that the incident does not recur, the CM told officials. **PTI**

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I Lakshmi Deepika Gajulapalli W/O, Suresh Gajulapalli R/o M-201 Purva Panorama Bannerghatta Road Bangalore 560076 have changed my name to Deepika Gajulapalli

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Booking Started

Eatiers unaware of no-smoking norms

CONTINUED FROM PAGE 1

25 hotels is in second place while Indiranagar and Nagarbhavi are in the third place with 24 hotels each. The other areas where hotels are not following the norms are Ullal with 15 hotels, Malleswaram (13), Gandhinagar (11), Jayanagar (10), RR Nagar (10), Basaveshwara Nagar (seven), and Kengeri (two).

"Public has to be proactive. They can complain to the authorities concerned if they see violation of the norms. If they complain to us, we will bring it to the notice of authorities concerned. Authorities must keep vigil on petty shops in front of hotels and restaurants selling tobacco products. Around 90 per cent non-smokers are affected due to 10 per cent smokers," said SJ Chander, Convener of Consortium for Tobacco Free Karnataka.

The survey also found that a majority of the hotel and restaurant owners do not know specifications for creating

a designated area as per the COPTA. The survey stated 17 hotel owners said that customers are not obliging to implement the No Smoking norm while eight hotel owners stated that they would lose customers if the norm is implemented.

The survey covered 88 hotels with below 30 seating capacity and 78 with above 30 seating capacity.

"The survey will be extended to other areas depending on the availability of interns and volunteers," said Chander.

Bruhat Bengaluru Hotels' Association president PC Rao said that the hotels' association has already supplied its members with the No Smoking sign boards. "We do not encourage smoking as it causes inconvenience to other customers. Many hotels do provide smoking zones," said Rao.

On Saturday, the Bengaluru East Division police booked 170 people for violating the COPTA norms and collected Rs 32,400 as penalty from those shops that violated COPTA norms.



Early gross motor (or whole body) movements such as crawling and walking are exciting developments and clear markers for parents watching their child's development. But what happens when a milestone isn't reached, or the movement itself isn't what a parent is expecting?

Babies arrive in the world with inborn movements, including reflexes. Other motor skills – such as sitting up or rolling towards a toy on a playmat – are learned as they grow.

Most babies begin moving towards people or objects much further away from them in the second half of their first year. This marks a change for parents and carers too, because they can no longer walk away for a moment and come back to find baby in the same spot. Time to think about child proofing your living spaces if you haven't already!

But how can a parent or carer decide when to worry, when to get professional advice, or when to accept things are moving along just fine?

Commonly babies will crawl "on all fours" with bellies above the floor and hands and knees moving forward in a diagonal pattern, where right arm and left leg move together and left arm and right leg move together. This stage can last weeks or months before infants rise up to cruise on their feet while holding on to the furniture. Cruising and walking is usually observed between eight and 18 months of age.

Some children, however, move differently, and some seem to skip the crawling stage altogether. Just as there is no specific day in the first year that all babies move off their play mat to explore, there is no one way of moving across the room.

Some babies bottom-shuffle along while keeping their hands off the floor. Others commando crawl on their tummy, like soldiers staying low.

Some babies move hands first with their bent knees to follow like they are playing a game of leapfrog. Many use combinations of any or all of the above in addition to crawling before they turn one.

Researchers and child development professionals used to think that when traditional movement sequences were not observed, there



Baby talk

Babies crawl, scoot, shuffle when learning to move. Here's what to watch for if you're worried

Most babies begin moving towards people or objects much further away from them in the second half of their first year

was a definite problem with the way a child's brain or body was developing.

While there are some schools of thought that suggest crawling is a critical part of child development, newer theories place more emphasis on the quality and variety of movements individual babies use to move. Some research has suggested variable crawling patterns can occur in children with, and without, later developmental delay. Earlier research found while 90 per cent

of children achieved motor milestones by age two following a common sequence, 4.3 per cent did not show hands-and-knees crawling at all.

Differences are not always cause for concern, but tuning in to your child's movement pattern may be important if you are noticing something unexpected at this stage. Unusual, absent or delayed crawling patterns have been associated with cerebral palsy, Down syndrome, autism, developmental coordination disorder and other

neurological, learning or developmental disorders.

Children with known neurological or physical issues, or adverse events before or at birth may also experience gross motor difficulties and delays.

For each of these groups, early assessment and intervention are important, as they carry greater potential benefit for children and families, compared with waiting until later to address concerns.

So, what are the signs that help parents know it is time to seek professional advice?

By about 9–11 months there should be some regular attempts from babies to move in and out of still positions and explore the room around them. It is common for babies at this stage to use their arms and legs effectively together to direct themselves forward.

When the left of the body is doing something quite different from the right (or vice versa) it is a sign further assessment may be needed.

When babies seem to be struggling with movement strength or range, particularly in the neck, arms, hands, or legs, this should be explored further by a health professional. Babies showing regular and ongoing signs of discomfort with their movements (such as grunting or crying) should also be reviewed.

If parents or carers notice these things, it is important they raise it with a care provider, such as a maternal child and family health nurse or general practitioner. An appointment with one of these providers is usually the first step parents take when there are concerns or they want extra observation or screening.

Some families may already have access to a paediatric occupational therapist, physiotherapist or paediatrician. Each can complete further assessments and offer advice as needed.

In the vast majority of cases, parents have a good sense of when to worry. If you are concerned, seek out a healthcare professional who can help answer questions and provide advice. Neither you, nor your baby need to move through this stage alone.

—By Charmaine Bernie Senior Research Fellow, Early Years Research Lab, Southern Cross University (The Conversation)

MIND, BODY & HEART



All problems solved

Dear Coleen

I'm a 28-year-old woman and for the past couple of years I've had this insane crush on a guy at work. I actually think I'm in love with him, even though we've never socialised outside of the office. I bore my friends to tears talking about him. To quote one of them: "Please, just ask him out!" We sometimes chat at work, but not that often as we're in different departments, and I do get the feeling he's attracted to me, too. I know he's currently single. The conversation never moves past small talk, though, and it would feel really weird to suddenly suggest going out for a drink. The mad thing is, I've always been quite ambitious and I'm ready to move on to the next stage in my career, and have seen some great jobs that would be perfect, but I never apply for them because it would mean I wouldn't see this guy.

COLEEN SAYS

I think you should consider why you haven't tried to take things further with this guy. Maybe it's a deep fear of rejection or perhaps you've built up this fantasy of what it would be like and you're worried the reality won't match up to it.

The truth is, you don't really know him and that's where you should start – getting to know him better. Because you might find you've wasted a lot of time dreaming about someone who's not right for you at all.

Next time you chat, try to take the conversation further – ask him where he likes to go for a drink after work and what he likes to do for fun and so on. If there's something you have in common, then suggest a coffee or lunch during work.

You might find there's no chemistry between you at all – but it's important to know one way or the other.

Finally, please don't put your career on hold.

—Coleen Nolan, Daily Mirror

MIRRORLIGHTS

Kids might consider past choices when judging others

A new study published in the journal *Child Development* by researchers from Boston College in Massachusetts and the University of Queensland in Australia analyses whether four- to nine-year-old children consider their own prior behaviours while making moral judgements about others.

The findings revealed that beginning at the age of six, youngsters considered what characters may have done when judging how good or bad they are behaving, but four and five-year-olds' moral evaluations were solely impacted

by the actual outcome.

When making moral judgements of past actions, adults often think counterfactually about what could have been done differently. Reflecting on what could have happened in the past allows us to consider the choices we had available to us, which is in turn an important component for judging the behaviour of others. We would likely judge someone who causes harm less harshly if we find out they had no other choice.

"Our findings highlight how understanding the choices some-

one had is an essential feature of making mature and nuanced moral judgements," says Shalini Gautam, postdoctoral researcher at Boston College. "It shows that children become able to do this from the age of six. Children younger than six may not yet be incorporating the choices someone had available to them when judging their actions."

The findings of the study raise questions about how children's counterfactual thinking may influence more complex moral judgements, for example when people

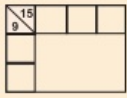


intend to do the right thing but find themselves lacking the choice to do so.

—ANI

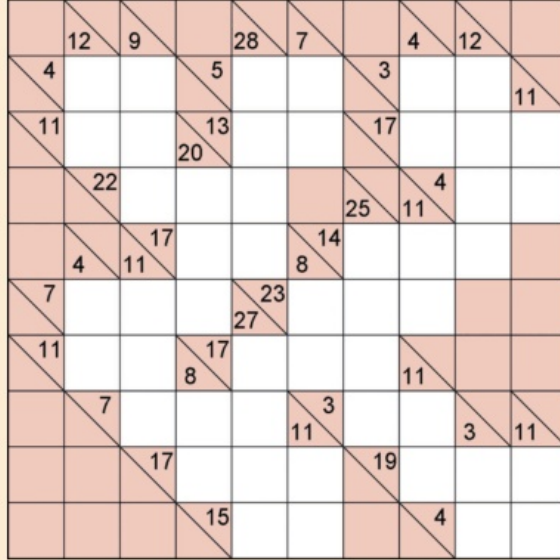
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

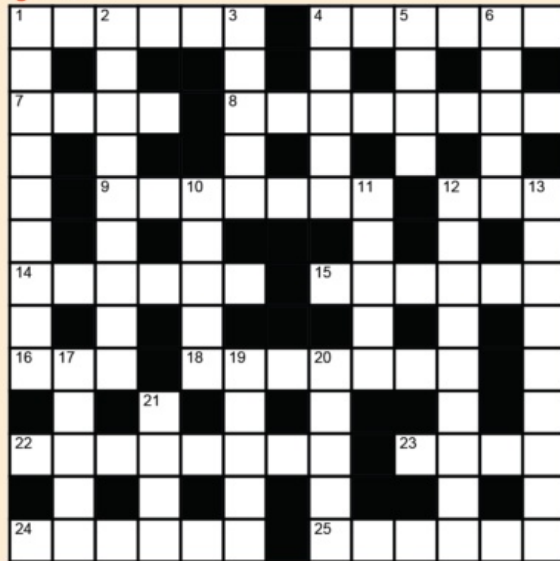


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

- 1 Equality (6)
- 4 Duped, hoodwinked or swindled (6)
- 7 Gymnast Korbut (4)
- 8 Still sealed (8)
- 9 Riddles; mysteries (7)
- 12 It is used to colour a fabric (3)
- 14 Bangalore's favourite beverage (6)
- 15 Discomfiture (6)
- 16 Everybody (3)
- 18 Hot dry wind - "coir cos" anagram? (7)
- 22 Canadian province (8)
- 23 Short skirt (4)
- 24 Parts of flowers (6)
- 25 Milk and egg drink (6)

DOWN

- 1 Ancient land of coastal Lebanon and Syria (9)
- 2 Feeling sorry (9)
- 3 Of tender years (5)
- 4 The plants of a particular region (5)
- 5 Remove the lid of a tin? (4)
- 6 Foe (5)
- 10 Thoughts or views (5)
- 11 To do with sound (5)
- 12 Harsh (9)
- 13 Lifting, raising or exalting (9)
- 17 Withdraw (5)
- 19 Graven images (5)
- 20 Egg-shaped (5)
- 21 Travel permit (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: T EQUALS S
IVC TCABCI ND PNMB TMAACTT
XT GCICBWJCG HP PNMB
GQXKP QRCJGQ.



Linemaro

It is not telling you how I feel that scares me, it's what you 'll say back that does



Mindchow

The fruit ripens slowly, but falls suddenly and without return



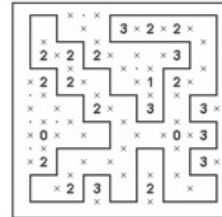
Joke of the day

A man went to library and asked for a book on 'how to commit suicide'. The librarian told him: Get lost, you won't bring it back

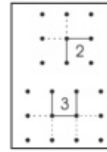
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

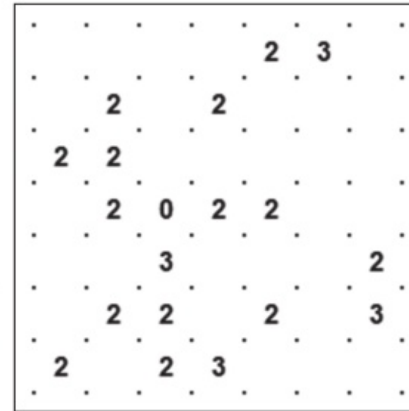


(Fig B) Not Allowed

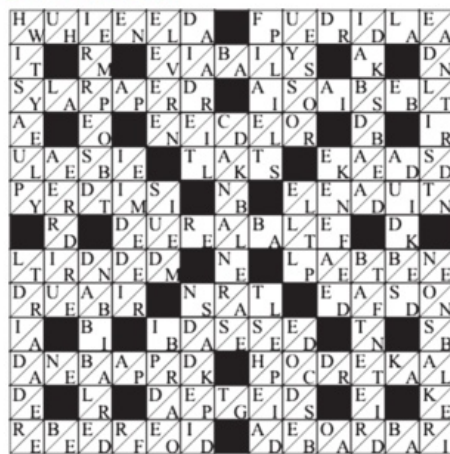
How to begin:

Example (Fig A) - Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



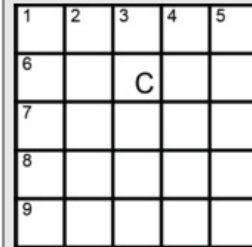
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

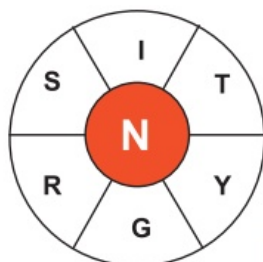
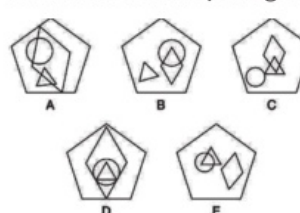
- 1 Taros; 6 Me EEC;
- 7 Siren; 8 Gaits;
- 9 Sawed

DOWN

- 1 Wears; 2 O Mage;
- 3 Daric; 4 I sees;
- 5 Stent

Mensapuzzle

To which pentagon below can a dot be added so that it meets the same conditions as in the pentagon right?



Bull's eye

How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

08 Average; 09 Good; 11 Outstanding

SudokuChallenge



To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy

$4 \times 6 \div 7 = 2$

$4 \times 6 \div 7 = 2$

Medium

$1 \times 2 \times 6 \div 7 = 27$

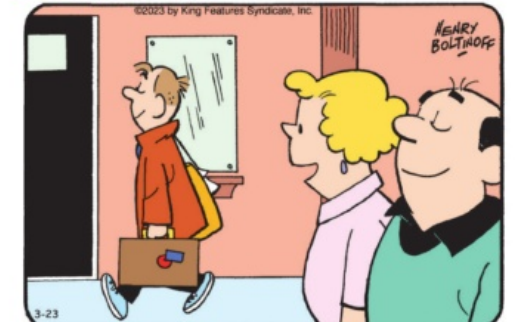
$1 \times 2 \times 6 \div 7 = 27$

Hard

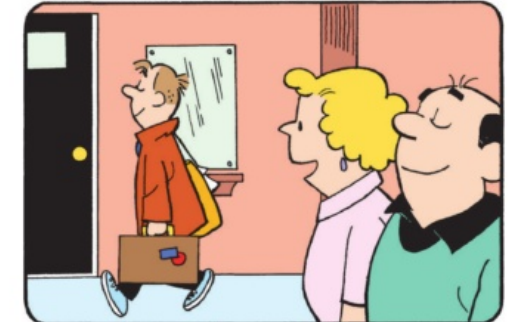
$1 \times 7 \times 8 \div 4 = 4$

$1 \times 7 \times 8 \div 4 = 4$

Hocusfocus



Find at least six differences in details between panels.



Differences: 1. Mirror is smaller; 2. Hair is longer; 3. Door knob is added; 4. Decals on suitcase are different; 5. Ear is smaller; 6. Nose is different.

Riddler

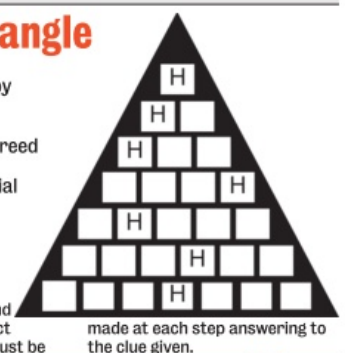
When you curtail a word, you remove the last letter and still have a valid word. You will be given clues for the two words, longer word first.

1. Monarch -> Relatives; family
2. Musical composition with words -> Offspring
3. Musically produce words with the voice -> Transgression
4. Having ambitious goals -> Pain relief medicine

Alpha triangle

- 1 8th letter
- 2 Exclamation of joy
- 3 Contains
- 4 Whip
- 5 Apso : canine breed
- 6 Top dogs?
- 7 Pavement material

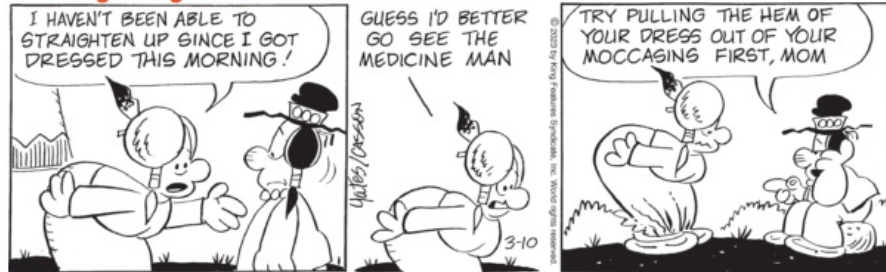
Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be



made at each step answering to the clue given.

COMICS

Redeye by Mel Casson



Bizarrotrip



Diamond Lil



Hart of the city



Crankshaft



Mutts



WHAT YOUR STARS SAY TODAY

Aries Mar 21 - Apr 20

Today, students may expect positive results in their studies after in-depth research. Singles may expect to find a match. There may be good understanding between you and your spouse, which will reflect into your domestic life. Spiritually, you may have some direction in terms of knowledge. In business, you may make some new plans to overcome workflow issues.



Leo Jul 24 - Aug 23

Today, you may feel negative vibrations around you, which may make you unhappy. You are advised to avoid making investments in worthless assets. You may also notice that friends and people around you may not be supportive today. You are advised not to expect too much help from anyone; otherwise, it may make you nervous. It is advised to make independent decisions today.



Sagittarius Nov 23 - Dec 22

Today, you may likely meet some old friends or be busy with social get-togethers. You may be more excited today. New innovations may come up in terms of business. You may also have some unexpected material gains. Kids may bring good news in terms of studies. Lovebirds may enjoy their quality moments.



Taurus Apr 21 - May 20

Today, things would not be favourable. You may feel dull and unhappy. Some mysterious fear may make you upset. You may be likely to be attracted by the occult. You may feel a lack of confidence, which may affect your work. It is advisable to avoid rushing while driving and risky adventure tours.



Virgo Aug 24 - Sep 23

Today, you may not be able to present yourself logically. You may have a dull feeling, which may give you a lack of confidence. So, you need to follow your intuition while making decisions regarding investments. People around you may not be cooperative in terms of routine work. You are advised to be careful about eating unhealthy food to avoid stomach issues.



Capricorn Dec 23 - Jan 20

Today, you are advised to control expenditures on worthless stuff; otherwise, it may affect your savings. You are advised to avoid lending money. Anxiety may give you sleeplessness, so control your mind while making important decisions. You are advised not to neglect your responsibilities. Be practical today and avoid making emotional decisions.



Gemini May 21 - Jun 21

Today, you may be able to strike a balance between your earnings and expenses, which may boost your bank balance. You may likely perform better in your job. Your boss can give you new responsibilities in terms of promotions. You may get back the money which was stuck. You may be able to control your opponents and hidden enemies.



Libra Sep 24 - Oct 22

Today, you are likely to be more excited due to the cooperation of your family and friends. You may plan to renovate your house or bring some souvenir stuff to maintain your standard, which may increase your social status. You may expect an increase in your fixed assets.



Aquarius Jan 21 - Feb 19

Today, your investments may give you profits, which may enhance your savings. You may likely get good returns on small investments. On the domestic front, your family may support you in maintaining harmony. You may also be in a winning position against opponents and hidden enemies. You may get promotions or have a job change, which may increase professional stability.



Cancer Jun 22 - July 23

Today, you may expect some smart gains from your past investments. You may likely achieve your goals with less effort. This may make you confident. You are advised to control your straightforwardness as it may likely affect your terms with the people around you.



Scorpio Oct 23 - Nov 22

Today, you are in a good mood since morning, which may make you romantic. You are advised to do some exercise to overcome your back pain. You may make some fruitful plans that may be helpful in the near future in terms of your profession. You may likely hear good news from your kids. Students may do better. Lovebirds can make some important decisions regarding marriage.



Pisces Feb 20 - Mar 20

Today, you may expect some instant gains in your business, which may boost your confidence level as well as your bank balance. You are advised to avoid stress in your domestic life. There will be some momentum on the business and work front. Your prestige may increase, and you may also plan for an overseas trip.



KIDZONE



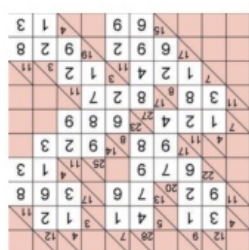
Varun Raj, 15 Years, Indiranagar Cambridge School



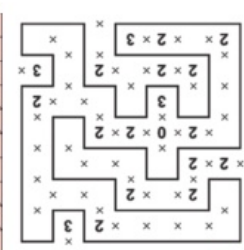
Nisha S L, 9 Years, Oxford School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

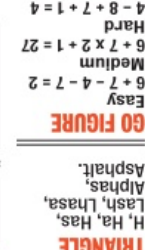
SOLUTIONS



KAKURO



LOOP



ALPHA TRIANGLE



SUDOKU



MENSA PUZZLE



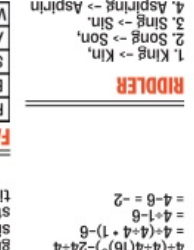
QUICK



STRIKE OUT



BULLS EYE



SOLVE IN 1M

QUOTE UNQUOTE
The secret of your success is determined by your daily agenda.

FAST FIVE
WADERS
AGIST
SERIN
EMCEE
ROAST

STRIKE OUT
REFEED
DEODAR
PETALS
VITALS
PARITY
FOOLED
UNOPENED
NIGER
TASER
BENDIT
RURABLE
COFFEE
UNSEAL
IT
OR
L
DYE

BULLS EYE
4-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-100-101-102-103-104-105-106-107-108-109-110-111-112-113-114-115-116-117-118-119-120-121-122-123-124-125-126-127-128-129-130-131-132-133-134-135-136-137-138-139-140-141-142-143-144-145-146-147-148-149-150-151-152-153-154-155-156-157-158-159-160-161-162-163-164-165-166-167-168-169-170-171-172-173-174-175-176-177-178-179-180-181-182-183-184-185-186-187-188-189-190-191-192-193-194-195-196-197-198-199-200-201-202-203-204-205-206-207-208-209-210-211-212-213-214-215-216-217-218-219-220-221-222-223-224-225-226-227-228-229-230-231-232-233-234-235-236-237-238-239-240-241-242-243-244-245-246-247-248-249-250-251-252-253-254-255-256-257-258-259-260-261-262-263-264-265-266-267-268-269-270-271-272-273-274-275-276-277-278-279-280-281-282-283-284-285-286-287-288-289-290-291-292-293-294-295-296-297-298-299-300-301-302-303-304-305-306-307-308-309-310-311-312-313-314-315-316-317-318-319-320-321-322-323-324-325-326-327-328-329-330-331-332-333-334-335-336-337-338-339-340-341-342-343-344-345-346-347-348-349-350-351-352-353-354-355-356-357-358-359-360-361-362-363-364-365-366-367-368-369-370-371-372-373-374-375-376-377-378-379-380-381-382-383-384-385-386-387-388-389-390-391-392-393-394-395-396-397-398-399-400-401-402-403-404-405-406-407-408-409-410-411-412-413-414-415-416-417-418-419-420-421-422-423-424-425-426-427-428-429-430-431-432-433-434-435-436-437-438-439-440-441-442-443-444-445-446-447-448-449-450-451-452-453-454-455-456-457-458-459-460-461-462-463-464-465-466-467-468-469-470-471-472-473-474-475-476-477-478-479-480-481-482-483-484-485-486-487-488-489-490-491-492-493-494-495-496-497-498-499-500-501-502-503-504-505-506-507-508-509-510-511-512-513-514-515-516-517-518-519-520-521-522-523-524-525-526-527-528-529-530-531-532-533-534-535-536-537-538-539-540-541-542-543-544-545-546-547-548-549-550-551-552-553-554-555-556-557-558-559-560-561-562-563-564-565-566-567-568-569-570-571-572-573-574-575-576-577-578-579-580-581-582-583-584-585-586-587-588-589-590-591-592-593-594-595-596-597-598-599-600-601-602-603-604-605-606-607-608-609-610-611-612-613-614-615-616-617-618-619-620-621-622-623-624-625-626-627-628-629-630-631-632-633-634-635-636-637-638-639-640-641-642-643-644-645-646-647-648-649-650-651-652-653-654-655-656-657-658-659-660-661-662-663-664-665-666-667-668-669-670-671-672-673-674-675-676-677-678-679-680-681-682-683-684-685-686-687-688-689-690-691-692-693-694-695-696-697-698-699-700-701-702-703-704-705-706-707-708-709-710-711-712-713-714-715-716-717-718-719-720-721-722-723-724-725-726-727-728-729-730-731-732-733-734-735-736-737-738-739-740-741-742-743-744-745-746-747-748-749-750-751-752-753-754-755-756-757-758-759-760-761-762-763-764-765-766-767-768-769-770-771-772-773-774-775-776-777-778-779-780-781-782-783-784-785-786-787-788-789-790-791-792-793-794-795-796-797-798-799-800-801-802-803-804-805-806-807-808-809-810-811-812-813-814-815-816-817-818-819-820-821-822-823-824-825-826-827-828-829-830-831-832-833-834-835-836-837-838-839-840-841-842-843-844-845-846-847-848-849-850-851-852-853-854-855-856-857-858-859-860-861-862-863-864-865-866-867-868-869-870-871-872-873-874-875-876-877-878-879-880-881-882-883-884-885-886-887-888-889-890-891-892-893-894-895-896-897-898-899-900-901-902-903-904-905-906-907-908-909-910-911-912-913-914-915-916-917-918-919-920-921-922-923-924-925-926-927-928-929-930-931-932-933-934-935-936-937-938-939-940-941-942-943-944-945-946-947-948-949-950-951-952-953-954-955-956-957-958-959-960-961-962-963-964-965-966-967-968-969-970-971-972-973-974-975-976-977-978-979-980-981-982-983-984-985-986-987-988-989-990-991-992-993-994-995-996-997-998-999-1000-1001-1002-1003-1004-1005-1006-1007-1008-1009-1010-1011-1012-1013-1014-1015-1016-1017-1018-1019-1020-1021-1022-1023-1024-1025-1026-1027-1028-1029-1030-1031-1032-1033-1034-1035-1036-1037-1038-1039-1040-1041-1042-1043-1044-1045-1046-1047-1048-1049-1050-1051-1052-1053-1054-1055-1056-1057-1058-1059-1060-1061-1062-1063-1064-1065-1066-1067-1068-1069-1070-1071-1072-1073-1074-1075-1076-1077-1078-1079-1080-1081-1082-1083-1084-1085-1086-1087-1088-1089-1090-1091-1092-1093-1094-1095-1096-1097-1098-1099-1100-1101-1102-1103-1104-1105-1106-1107-1108-1109-1110-1111-1112-1113-1114-1115-1116-1117-1118-1119-1120-1121-1122-1123-1124-1125-1126-1127-1128-1129-1130-1131-1132-1133-1134-1135-1136-1137-1138-1139-1140-1141-1142-1143-1144-1145-1146-1147-1148-1149-1150-1151-1152-1153-1154-1155-1156-1157-1158-1159-1160-1161-1162-1163-1164-1165-1166-1167-1168-1169-1170-1171-1172-1173-1174-1175-1176-1177-1178-1179-1180-1181-1182-1183-1184-1185-1186-1187-1188-1189-1190-1191-1192-1193-1194-1195-1196-1197-1198-1199-1200-1201-1202-1203-1204-1205-1206-1207-1208-1209-1210-1211-1212-1213-1214-1215-1216-1217-1218-1219-1220-1221-1222-1223-1224-122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We hear you, Zeenat



Zeenat Aman has been winning the social media game. The veteran actress shells out priceless memories for her Instagram account. Her latest post about 'flawless' celebrity pictures on social media and observations have received a shoutout from a lot of actors.

Sharing BTS pictures from her recent photoshoot, Zeenat Aman wrote, "They say that comparison is the thief of joy, and here's your Saturday evening reminder that you don't need to look like the people you see on television or Instagram or magazines. The flawless faces on your screen are made possible by an army of technicians - make up artists, hairdressers, lighting personnel, stylists, camerapersons, and increasingly photoshop experts I hear! Remember that we're performers, this is our job. Enjoy the aesthetics, be inspired, but take it all with more than a pinch of salt. Life is too short for looking good to get in the way of having fun, right?"

Several other actors including Priyanka Chopra Jonas echoed her sentiments. **-ETimes**

Just a 'crush'

Gulshan Devaiah on the actress he is looking forward to work with



Gulshan Devaiah, who is currently single, says he is open to falling in love and having a family. However, he also added that he is not desperate for it to happen.

When asked if he has a crush on someone right now, the actor exclusively told ETimes, "I have a huge crush on Sai Pallavi and it's been going on for a while now. I have her number too. But I don't have the strength to approach her. I think she is a wonderful actor and dancer. I think it's a crush only. There is nothing more than that. I'm a bit infatuated by her sometimes. But she is also a capable actress. She is a very good actor. And hopefully, sometime in my life, as soon as I get an opportunity to work with her in a film, I think I'd be happy with that. I don't know about the rest. And what can I do if

the rest is not going to happen? That's also there. If it's meant to be, it'll happen. If it's not meant to be, then it won't happen. But if you get a chance to work with a good actor, that would be good.

There's nothing wrong with that. At least you can do that much."

Not many know that Gulshan is also quite fluent in Tamil, which will come in handy if he gets an opportunity to work with her.

"I would definitely consider it. I mean, having said that, I would love to read the script and then decide whether I want to do it or not. But it would be a great incentive if I meet with Sai," he concluded.

-Pramod Gaikwad & Milana Rao, ETimes



Drape diva

Mrunal Thakur does seem to have the most impressive saree collection. Take a look at the most eye-catching ones of them all



Watch this story come alive on your device by scanning this QR code



Billie gives it back

Singer Billie Eilish isn't taking any foolishness over the internet this weekend. Eilish responded to a number of comments that followers have recently left on her photos. Addressing those saying she's "changed" and calling her "a sellout," she defended her choice to present herself however she wants to, reports Billboard.

She wrote in a Story: "letter to some comments I be seeing sometimes. I spent the first 5 years of my career getting absolutely OBLITERATED by you fools for being boyish and dressing how I did & constantly being told I'd be hotter if I acted like a woman (sic)." She continued: "And now when I feel comfortable enough to wear anything remotely feminine or fitting, I CHANGED and am a sellout.. and 'what happened to her' oMg it's nOt thE sAmE bIllie she's just like the rest bla blaha you guys

are true idiots. LOL. I can be BOTH you f-ing bozos. LET WOMEN EXIST!(sic)." "FUN FACT! did you know that women are multifaceted!!!!??? shocking right?? believe it or not women can be interested in multiple things," wrote Eilish. "Also that femininity does not equal weakness????!!!! omg?! insane right? who knew?? you women hating a- weirdos (sic)," the singer concluded.

-IANS



SANDALWOOD SHOTS

Y MAHESWARA REDDY



Learnings of life

All of us commit mistakes but it is important for us to learn from them and get on with life. The movie Melody Drama -- Ninna Kathe Nanna Jothe -- aims to convey this message to the society. The movie is bankrolled by M Nanjunda Reddy under the Prime Star Studio banner. Its soundtrack was launched at a function recently. The movie has seven songs sung by Sonu Nigam, Kailash Kher and Palak Muchhal. The lyrics are penned by Jayant Kaikini, V Nagendra Prasad, and Dhananjay Ranjan.

Sathya plays the lead in what is his second movie. "I play the interesting role of a character named Karthik in this movie," said Sathya.

Supriya Sathyanarayana, known for her sterling performance in tele serials Seetha Vallabha and Sarasu, is paired opposite Sathya. "I play Hitha, a bank employee," said Supriya.

Director Manju Karthik said they are planning to release this movie next month.



A model actor

Rohith, who has been working as a model for six years, debuts as a hero-cum-producer with Rakthaaksha made under the Sai Productions banner. Vasudeva SN debuts as a director with this film. The first song of Rakthaaksha was released recently. Actor Vasishta Simha has sung the title song while Dheerendra Damoda has scored the music.

"I had a dream of acting in movies since childhood. I transformed my body twice for this movie. I entered movies not to become a reel hero but a real hero. There are some people with a lot of talent in North Karnataka. I want to help such people through my movies," said Rohith, adding that a few real incidents are mentioned in Rakthaaksha.

Rohith hails from Mudgal. Roopa Rayappa, who has acted in KGF, said that she agreed to act in Rakthaaksha because of Rohith's commitment.